

## Franklin's & Nhlapo's Meatballs

From the Franklins

### **You will need:**

- 500gms of beef mince
- 1 onion finely chopped and fried
- 3 tablespoons of tomato ketchup
- 3 tablespoons of breadcrumbs
- 1 tablespoon of Worcestershire sauce
- 1 teaspoon of mustard
- 1 teaspoon of oregano
- Salt and Pepper to season
- 1 egg

### **Method:**

Fry onion and then add all ingredients into a bowl and combine together until nice and squishy

Mould into balls to a size you like

Cook in oven until golden brown and sizzling

Serve with cooked pasta a tomato sauce and plenty of yummy cheese

Enjoy !